## OOSC Spring Two 2021

## Key: Purple = EYFS Red = KS1 Blue = KS2 Yellow Black = ALL Children Highlight = Food Technology/Cooking\*

Due to Covid-19 cooking activities are not currently running. \*

	Time	Monday	Tuesday	Wednesday	Thursday	Friday
	of					
	Day	<b>T</b>		AA+ 10 1		
<u>Week: 3</u> <u>W/C: 8.3.21</u> <u>W/Theme:</u> Yoga and Mindfulness	AM	Introduction to yoga. Children will participate in some yoga, following instructional videos.	Mindfulness colouring activities to calming music.	Mindfulness breathing techniques. Listen to music and let through guided relaxation.	Mindfulness challenge cards. Mindfulness art.	Friday Special Breakfast. Mindfulness colouring activities to calming music.
Week.	PM	Positivity and inspiration. Positive affirmation art work.	'I am brave' Series of art and craft activities. Speaking and listening activities - I am brave.	'I am kind' Acts of kindness. Series of art and craft activities.	'I am loved' Self-care and caring for others. Series of art and craft activities.	'I am unique' Series of art and craft activities. Self-portraits – mixed media.
Week: 4 W/C: 15.3.21 W/Theme: Communication is Key.	AM	Challenge Your Brain Games. Communication games.	Makaton signing. -Greetings. -BSL letters.	Drawing challenge - verbal instructions from partners.	Chinese whispers. Spelling in braille.	<b>Friday Special Breakfast.</b> Code Breakers.
	PM	British Sign Language Alphabet. Name Spelling. Reading CVC words.	Blindfold challenge. Communication art challenges.	Makaton signing. -Greetings. -Songs. -Story reading/telling.	Spelling in braille. Reading braille. Writing sentences in braille.	Kinaesthetic games. Who am I? Communication board games.

<u>Week: 5</u> <u>W/C: 22.3.21</u> <u>W/Theme:</u> RSPB.	AM	Introduction to RSPB, learn about the charity: discuss files and information, resources and activities for the week ahead. Use of internet to access the RSPB website. Books on British wildlife. Create some origami birds.	Listen to bird calling on CD to enable the children to recognise/identify the bird/species. Local bird fact file - research birds spotted in the Cramlington area.	Local bird fact file - research birds spotted in the Cramlington area. Reading the bird identifier and being able to recognise species. Encourage children to use adjectives to describe the appearance and texture of the apple, seeds, wool etc	Kids Art Hub – Freehand drawing of birds. -Learning sketching, shading and colour blending skills.	Friday Special Breakfast. Research and produce a booklet on local birds spotted in the area, Look up recipes for bird food and record findings, continue with booklet.
	PM	Nature Photo Frames. Using natural resources. Bird in flight scene. Calculate the age of trees.	Natural structures – Challenge to create the tallest structure using natural resources.	Outdoor activity, look for places to hang the feeders. Observe what wildlife can be seen? Look and listen to a variety of British birds. Focus on the bird identifier and what local birds we could expect to see. Local bids checklist.	Weighing seeds, fruit and oats. Make bird feeders to hang outside in the EYFS area.	Mystical music - Create a bird friendly wind chime using natural resources.