

	AUTUMN TERM		SPRING TERM		SUMMER TERM	
Nursery	Locomotion - Walking Add in travel I and on apparatus	Dance Nursery rhymes	Games - Parachute games and playground games	Ball Skills Hand 1 SSL1 SSL2 SSL3 Each lesson will last two weeks	Ball Skills Feet SSL 1 SSL2 SSL3 Each lesson will last two weeks	Athletics
Reception	Gymnastics 1 (High, low, over and under) Ball Skills (Hands/Feet)	Locomotion (Jumping) Dance Ourselves	Games attacking and defending Gymnastics 2 (Moving)	Ball Skills Recap hands 1 for 1 session Hands 2 the rest of the week	Ball skills Feet	Athletics
Y1/2 Cycle 1	Ball Skills (feet Year 1) Gymnastics (Body Parts Year 1)	Ball Skills (feet Year 2) Gymnastics Pathways (Year 2)	Dance (Growing) Team Building (Year 1)	Dance (Water) Team Building (Year 2)	Dance (The zoo) Locomotion (Running)	Dance (Exploring) Locomotion (Dodging)

Y1/2 Cycle 2	Ball Skills (Hands 1 Year 1) Gymnastics (Wide, narrow, curled)	Ball Skills (Hands 1 Year 2) Gymnastics (Linking)	Attack v Defence (Year 1) Health and Wellbeing (Year 1)	Attack v Defence (Year 2) Health and Wellbeing (Year 2)	Locomotion Jumping (Year 1) Rackets, Bats and Balls (Year 1)	Locomotion Jumping (Year 2) Rackets (Bats and Balls (Year 2)
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Y3/4 Cycle 1	Invasion (Football Year 3) Communication and tactics (Year 3)	Invasion (Football Year 4) Problem solving (Year 4)	Net/Wall (Tennis Year 3) Dance (Wild Animals)	Net/wall (Tennis Year 4) Dance (Carnival)	Striking and Fielding (Cricket Year 3) Athletics (Year 3) (Y4 Swimming)	Striking and fielding (Cricket Year 4) Athletics (Year 4) (Y4 Swimming)
Y3/4 Cycle 2	Invasion (Game sense Year 3) Gymnastics (Symmetry & Asymmetry)	Invasion (Game sense Year 4) Gymnastics (Bridges)	Health & wellbeing Dodgeball (Year 3)	OAA (communication and tactics) Dodgeball (Year 4)	Striking and Fielding (Rounders Year 3) Basketball (Year 3) (Y4 Swimming)	Striking and Fielding (Rounders Year 4) Basketball (Year 4) (Y4 Swimming)

<p>Y5/6 Cycle 1</p>	<p>Invasion (Football Year 5)</p> <p>Health related exercise</p> <p>(Y6 Swimming)</p>	<p>Invasion (Football Year 6)</p> <p>OAA (Communication and tactics)</p> <p>(Y6 Swimming)</p>	<p>Dodgeball (Year 5)</p> <p>Dance (Greeks)</p> <p>(Y5 Swimming)</p>	<p>Dodgeball (Year 6)</p> <p>(Dance Carnival)</p> <p>(Y5 Swimming)</p>	<p>Striking and Fielding (Cricket Year 5)</p> <p>Net/Wall (Tennis Year 5)</p>	<p>Striking and Fielding (Cricket Year 6)</p> <p>Net/Wall (Tennis Year 6)</p>
<p>Y5/6 Cycle 2</p>	<p>Invasion (Game sense Year 5)</p> <p>Gymnastics (Counter balance and counter tension)</p> <p>(Y6 Swimming)</p>	<p>Invasion (Game sense Year 6)</p> <p>Gymnastics (Matching & Mirroring)</p> <p>(Y6 Swimming)</p>	<p>Tag Rugby (Year 5)</p> <p>Badminton (Year 5)</p> <p>(Y5 Swimming)</p>	<p>Tag Rugby (Year 6)</p> <p>Badminton (Year 6)</p> <p>(Y5 Swimming)</p>	<p>Striking & Fielding (Rounders Year 5)</p> <p>Athletics (Y5)</p>	<p>Striking & Fielding (Rounders Year 6)</p> <p>Athletics (Y6)</p>

